4/9/20

Dear Students, Families, and Friends,

The activities on the next several pages were created for you to sharpen your skills, challenge yourself, and explore learning. These are not meant to replace classroom learning and parents are not being asked to replace teachers. If at any time, you are confused about an activity, need some extra support, or maybe just need to talk with someone, our teachers and staff are here for you.

- All teachers keep regular office hours from 9am until noon each school day.
- All teachers and staff can be contacted by email (<u>firstname.lastname@fsd145.org</u>).
- Some teachers also use Remind, Schoology, or Google Classroom to send and receive messages.

For the most current information about our emergency closure and remote learning plans, please visit our website (<u>https://www.fsd145.org/emergency</u>) for regular updates. You will always find information sorted by date, so it should be easy to follow the most recent updates.

Take care and stay safe. We'll see you soon,

From all of us here at Freeport School District



Remote Learning Day Student Activities:

School Wide Challenge	<u>April 16</u>
<u>April 9</u>	<u>April 17</u>
April 14	<u>April 20</u>
<u>April 15</u>	<u>April 21</u>

April 22
Social Emotional Learning (SEL)
<u>Electives</u>

5th Grade	4/9/20 - 4/22/20		
Theme(s)	ELA Skills Focus	Math Skills Focus	Other Skills Focus
Earth Day	Informative Writing	Finding Perimeter	STEM: How can we make a positive difference in our world?
	Main Idea and Details	Finding Area	SS: Recognize how our choices affect the planet.
	Narrative Writing	Finding Missing Dimensions	SEL: Respect Yourself and Others
	Persuasive Writing	Finding Volume	Drama-Summarization

5th/6th Grade -- School Wide Challenge Activity

Why is everyone buying all the toilet paper? Continued

Prizes for Top 3 Projects!

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	Science	Social Studies	ELA	Math
history is n	nade and create a prim	ever before in our lifetime! hary account of the 2020 P friends, family, TV news, r	andemic. Use any and	all methods you
Step 1	Generate a hypothesis - The Governor has implemented a "Stay home order" because Explain why you think schools are closed right now.	Think about the different types of communities - Which community do you think is more at risk when there is a contagious virus spreading? Why?	Building Vocabulary- Define: Epidemic Pandemic Contagious Panic Hoarding <i>Respirator</i> <i>Ventilator</i>	Make a list of your daily schedule on a typical school day (when you were going to school) - include sleeping, eating, classes, after school activities, etc. Count the minutes for each activity.
Step 2	Gather Evidence- Read the news, watch the news and/or interview 2-3 adults. Questions to answer- What is COVID- 19? Why are we being asked to stay home? Why are so many people buying so much toilet paper and what problem does that cause?	Developing Questions: Use your own knowledge of history to identify as many different events in history that you can compare to what is happening now. Try to come up with 7-10 answers. You can ask anyone you'd like to help you create your list or you can use the internet. (Hints: Spanish Flu, Smallpox, Measles, etc. Some may even compare to wartime and natural disasters such as hurricanes)	Gathering Evidence- In addition to gathering the scientific facts, ask 2-3 people how they are feeling about the pandemic and the stay home orders. What are the common themes?	Make a list of all of your activities that you're doing while you are at home. Chart home much time you spend on each activity every day - eating, sleeping, exercising, school work, etc. Do this for one full week.At the end of the week, total the number of minutes that you've spent doing each activity and find the average number of minutes (hint minutes per day).
Step 3	Review the responses you wrote from the data you gathered in Step 2. What information are you missing? What other questions do you have about COVID-19? Make a list of questions you would like answered. Try to come up with 4-6 good questions that can't be answered with yes or no.	From the list of historical events you list above, which one do you think is the most similar to the situation that we are currently living in? Explain why. You can use a variety of resources to help you answer this - friends, family, internet, news, etc.	Write a short narrative about how you are feeling and what you are doing during this time. Write your opinion about the pandemic and the stay home orders.	Make a bar graph of the average number of minutes you spent each day in one column and the minutes you listed in step 1 in column 2. Here is an example of a bar graph:

Step 4	Find the answers to your remaining questions. Once you have all of your questions answered, review your original claim. Do you still agree or does your new information give you a new opinion? Rewrite your claim and determine what your evidence will be from the information you gathered.	Compare and contrast the current pandemic to the historical event that you chose above. Consider the year that the event you chose happened. How was life for the average person different then? Where was it? What do we have available now that wasn't available then (think about both Science and History).	Opinion piece- Experts claim that the most important thing you can do while "staying home" is to stay on a routine or schedule - eat, sleep, learn, and play the same amount as you would if you were at school. Do you think keeping these routines are important? Why or why not?	Make a pie chart of how you've used your time. Here is an example of a pie chart:
Step 5	Put it altogether! Make an Argument for or against the "Stay Home" order. Remember that when making an argument you pick a side (make a claim) and use evidence to show why your claim is logical! Be sure to include the facts you gathered, how people are responding, and how we (as a society) have responded to past pandemics/natural disasters/tragic global events. Pick from one of the following activities: Write an essay (5 paragraphs - introduction with your claim, body with evidence, and conclusion to summarize. Create a piece of art that represents the impact the pandemic is having on you or on the community. Make a broadcast - video yourself delivering the news of the "stay home" order in a way that explains why and keeps people calm or make a poster presentation that delivers the news. Write a song or poem about your experience and how to stay safe - your message to the rest of the world. Whatever method you decide to use to show how much you learned - make sure you include the facts you gathered!			

TIPS for Staying Healthy

- Stay on a routine (as much as possible) including:
 - your usual bedtime
 - Physical activity (don't be a couch potato!)
 - Create a structured work space don't do your school work while playing videos
- Wash your hands frequently (and no picking your nose ;)
- Use positive self talk and learn what other people are doing to stay healthy and active
- Be mindful use your calm classroom/MindYeti strategies to help you relax

5th Grade- April 9

The columns below offer choices for student activities.

	ELA	Math	Science/Social Studies
Focus Skills:	Use informative techniques to produce clear and coherent writing CCSS.ELA-LITERACY.W.5.4	Perimeter (Addition) CCSS.4.MD.A.3 CCSS.5.OA.A.2	Recycling/CollectingData ^{5-E-SS3-1} Earth & Human Activity
Easy	Write a letter to your future 6th grade teacher introducing yourself.Tell your future teacher what kinds of things you like and dislike. Be honest! If you don't like school, explain why. What are your favorite & least favorite subjects? What do you like to do outside of school? Do you like to read? Do you like sports? Do you play an instrument? What do you really want them to know about you?	Richard wants to build a garden to grow his own vegetables. His garden has a length of 5 feet and a width of 6 feet. What is the perimeter of his vegetable garden? Write an expression and solve. (Perimeter = length + length + width + width)	Make a list of the items in your family's trash. Do not include food items, only the food containers. Check the bottom of each plastic item to see if it has a recycle symbol. If so, mark it on your list with an <i>R</i> . Sort your list into 5 headings: <i>Paper, Plastic, Metal,</i> <i>Glass, and Other.</i>
Average	Make sure to use complete sentences and <u>double check</u> for correct capitalization and <u>punctuation</u> . This letter will be the first impression that your new teacher will have of you. Take your time and really think through what you write. You may create a Google Doc and share the typed letter with your homeroom teacher, or you may (neatly) hand write it. Pre-addressed/ stamped envelopes will be available at	Bailey wants to build a garden to grow her own vegetables. Her garden has a length of 72 inches and a width of 48 inches. What is the perimeter of her vegetable garden? Write an expression and solve. (Perimeter = length + length + width + width)	Make a list of the items in your family's trash. Do not include food items, only the food containers. Check the bottom of each plastic item to see if it has a recycle symbol. If so, mark it on your list with an <i>R</i> . Sort your list into 5 headings: <i>Paper, Plastic, Metal,</i> <i>Glass, and Other.</i> Make a bar graph of each type of trash. Send a picture to your teacher.
Challenging	Carl Sandburg at the next grab-and-go meal, so you can mail it to the school.	Alli wants to build a garden to grow her own vegetables. Her garden has a length of 329 inches and a width of 218 inches. What is the perimeter of her vegetable garden? Write an expression and solve. (Perimeter = length + length + width + width)	 Read and complete the activity above. In addition, answer the following questions: Which trash type could you reduce? Which type could you reuse for other purposes? Explain your thinking? Which types could be recycled?

Daily - Practice math facts for fluency, Silent reading for 20 minutes, Calm Classroom 2-3 times for 3-5 minutes

5th Grade -- April 14

The columns below offer choices for student activities.

	ELA	Math	Science/Social Studies
Focus Skills:	Main Idea and Details CCSS.ELA-LITERACY.RI.5.2	Perimeter (Addition) CCSS.4.MD.A.3 CCSS.5.OA.A.2	Gather and evaluate information from multiple sources and develop claims using evidence from that information. SS.IS.4.3-5/SS.IS.5.3-5
Easy	Earth Day has been celebrated since 1970 to raise awareness about the importance of taking care of our planet. Using this as the main idea, come up with 3 specific details that support the main idea. Think about and include facts you already know about protecting Earth. Earth Day Video: <u>https://www.youtube.com/wa</u> <u>tch?v=yl3zgcL0Tv8</u>	Gustavo and his class are planting trees in a rectangular field that is empty. The length of the field can fit 9 trees and the width of the field can fit 4 trees. How many trees can fit around the perimeter of the entire field? Write your expression and solution. (Perimeter = length + length + width + width)	 We make choices every day that can have a lasting impact on the Earth. *Interview a family member or friend using the following questions. Write down the answers and information you receive. Questions: Do you recycle regularly? Why? Do you use reusable bags when you shop? Why? Do you turn off the lights when a room is empty or when you're leaving a room? Why? Do you turn off the faucet while you're brushing your teeth? Why? Do you have a compost pile? Why? Do you donate clothes or other items? Why? *Look over and think about the information you gathered. Write 2 sentences describing if and why the answers you received affect the Earth.
Average	Earth Day has been celebrated since 1970 to raise awareness about the importance of taking care of our planet. Using this as the main idea, come up with 5 specific details that support the main idea. Think about and include facts you already know about protecting Earth.	Dwayne and his class are planting trees in a rectangular field that is empty. The length of the field can fit 15 trees and the width of the field can fit 12 trees. How many trees can fit around the perimeter of the entire field? Write your expression and solution. (Perimeter = length + length + width + width)	Complete the interview activity above. Write a 4-5 summary about the information you gathered
Challenging	Earth Day is about raising awareness about the importance of protecting our planet and taking action. If this is the main idea of the text, come up with 10 supporting details that match that main idea. Think about facts you already know about Earth.	Lucy and her class are planting trees in a rectangular field that is empty. The length of the field can fit 127 trees and the width of the field can fit 36 trees.How many trees can fit around the perimeter of the entire field? Write your expression and solution. (Perimeter= length + length + width + width)	Complete the interview activity above with 2 different people . Write a summary for each interview (ie. 2 summaries). Finally, write a 2-3 sentence statement comparing the answers of two people you interviewed.

Daily- Practice math facts for fluency, silent reading for 20 minutes, Calm Classroom 2-3 times for 3-5 minutes

5th Grade -- April 15

The columns below offer choices for student activities.

	ELA	Math	Science/Social Studies
Focus Skills:	Use narrative techniques to produce clear and coherent writing. CCSS.ELA-LITERACY.W.5.3	Area CCSS.4.MD.A.3 CCSS.5.NBT.B.5	Making Recycled Items Useful ^{5-LS-2} Ecosystems:Interactions, Energy, and Dynamics
Easy	Create a 3 block comic strip about Earth Day. Your comic strip must include: • Title • At least 2 characters • Correct capitalization and punctuation • Story is focused on Earth Day or the Earth is a character • At least 3 blocks	Christian is building a garden in his backyard. The dimensions of his garden are a length of 6 feet and a width of 7 feet. What is the area of his garden? (area = I x w)	Create a cozy place for all the creepy crawlies to hang out. Cut a plastic bottle into a cylinder, then stuff it with sticks, pine cones, bark, or any other natural material. Make sure to pack the organic material tightly. Then loop a piece of twine or yarn around the cylinder and hang your bug hotel from a tree branch or fence. Snap a picture and send it to your science teacher.
Average	Create a 5 block comic strip about Earth Day. Your comic strip must include: • Title • 2-3 characters • Correct capitalization and punctuation • Story is focused on Earth Day or the Earth as a character • At least 5 blocks	Lexi is building a garden in her backyard. The dimensions of her garden are a length of 12 feet and a width of 12 feet. What is the area of her garden? (area = I x w)	Complete the easy level activity above. Answer the following questions: 1.What bugs do you think will visit your hotel? Why? 2.Do you think anything else will visit your hotel besides bugs? Why?
Challenging	Create a 10 block comic strip about Earth Day. Your comic strip must include: Title 3-4 characters Correct capitalization and punctuation Story is focused on Earth Day or the Earth is character At least 10 blocks	Maxx is building a garden in his backyard. The dimensions of his garden are a length of 209 feet and a width of 15 feet. What is the area of his garden? (area = I x w)	After completing the easy and average level activities above: 1.Check your insect hotel, what improvements could you make to it? What works and what doesn't work in your insect hotel? Explain your thoughts. 2.Why are insects important to our environment? How can insects be useful? Explain your thoughts.Think back to food webs and food chains.

Daily - Practice math facts for fluency, Silent reading for 20 minutes, Calm Classroom 2-3 times for 3-5 minutes

5th Grade -- April 16

The columns below offer choices for student activities.

	ELA	Math	Science/Social Studies
Focus Skills:	Use persuasive techniques to produce clear and coherent writing. CCSS.ELA-LITERACY.W.5.1	Area CCSS.4.MD.A.3 CCSS.5.NBT.B.5	Develop claims using evidence from multiple sources. SS.IS.5.3-5
Easy	Think about a person who is not Earth-friendly and how you can persuade them to change their ways.	Jaxon is picking up litter at the park. He is cleaning up the playground and wants to know how many square feet the playground is. The playground has a length of 9 ft and a width of 7 ft. What is the area of the playground? (area = I x w)	Write a pledge sharing one Earth-friendly habit you will practice regularly. Sign the bottom of your pledge Share your pledge with those who live with you, and ask them to sign it, too. Hang your pledge where you can see it as a reminder each day.
	Think about small steps he/she can take in his/her everyday life that could make Earth a better place. Write 3 sentences, trying to persuade that person to change his/her habits. Include specific reasons.		Video Examples: <u>https://www.youtube.com/watc</u> <u>h?v=NaqwgGPj9A0</u> <u>https://www.youtube.com/watc</u> <u>h?v=b1eVOAo_gY8</u>
Average	Think about a person who is not Earth-friendly and how you can persuade them to change their ways. Think about small steps he/she can take in his/her everyday life that could make Earth a better place. Write 3 sentences, trying to persuade that person to change his/her habits. Include specific reasons and at least 5 changes he/she can make to help the Earth.	Mariah is picking up litter at the park. She is cleaning up the playground and wants to know how many square feet the playground is. The playground has a length of 14 ft and a width of 16 ft. What is the area of the playground? (area = I x w)	Write a pledge about how your family can help the earth in daily life. Include at least 3 Earth-friendly habits that your family can practice regularly. (Ask for the input of others in your family as you write it.) Share it with your family and have each member sign it. Hang it up as a reminder.
Challenging	Think about a person who is not Earth-friendly and how you can persuade them to change their ways. Think about small steps he/she can take in his/her everyday life that could make Earth a better place. Write 3 sentences, trying to persuade that person to change his/her habits. Include specific reasons and at least 10 small changes they can make.	Chyanna is picking up litter at the park. She is cleaning up the playground and wants to know how many square feet the playground is. The playground has a length of 382 ft and a width of 12 ft. What is the area of the playground? (area = I x w)	Complete the pledge activity above. Draw illustrations to show the steps you will take to fulfill the pledge you wrote.

Daily - Practice math facts for fluency, Silent reading for 20 minutes, Calm Classroom 2-3 times for 3-5 minutes

5th Grade -- April 17

The columns below offer choices for student activities.

	ELA	Math	Science/Social Studies
Focus Skills:	Produce clear and coherent writing intended for a specific audience (middle schoolers, parents, young kids). CCSS.ELA-LITERACY.W.5.4	Area (solve for missing dimension using division) CCSS.4.MD.A.3 CCSS.5.NBT.B.6	Recycled Garden Activity ^{5-LS-2} Ecosystems:Interactions, Energy and Dynamics
Easy	Create an Earth Day song or rap to the tune of a song or rap that you already know. It could be a simple song that everyone is familiar with such as "Row, Row, Row Your Boat" or something as complex as your favorite rap. Make sure to include ways to protect the Earth, change poor habits, and preserve nature.	Tyren is picking up litter at the park. He knows that the playground at the park has an area of 72 sq. ft. The playground has a length of 8 ft. What is the width of the playground?	 1.Collect scraps of paper from the trash. 2.Design your dream flowers using notebook paper and colored pencils. What would you like your unique, individual flowers to look like? 3.Using your scraps make the flowers you have designed. Which pieces will best make their flower vision a reality? Take a picture of your flowers & send it to your science teacher.
Average		Juleigha is picking up litter at the park. She knows that the playground at the park has an area of 285 sq. ft. The playground has a length of 19 ft. What is the width of the playground?	 Complete the easy level activity above. How will your flowers help the environment if they were real?
Challenging		Peyton is picking up litter at the park. She knows that the playground at the park has an area of 4,238 sq. ft. The playground has a length of 13 ft. What is the width of the playground?	 Complete the easy level activity. Write a paragraph telling what ecosystem or biome your flowers would live in. What is the name of your flowers & what do they need to survive? Would anything eat or live in your flowers? Add any more information you want about your flowers.

Daily - Practice math facts for fluency, Silent reading for 20 minutes, Calm Classroom 2-3 times for 3-5 minutes

5th Grade -- April 20

The columns below offer choices for student activities.

	ELA	Math	Science/Social Studies
Focus Skills:	Reflective Writing CCSS.ELA-LITERACY.W.5.4 CCSS.ELA-LITERACY.W.5.3D	Area (solve for missing dimension using division) CCSS.4.MD.A.3 CCSS.5.NBT.B.6	Demonstrate/promote arguments using reasoning and details from sources. SS.IS.6.3-5
Easy	Go out into nature and make a list of your observations. Improvements of your observations.	La'Niya is planting a garden in her backyard. The width of her garden is 5 feet. The area of her garden is 40 feet What is the length of her garden?	Creative Project: Create a poster, Google slideshow, or children's book that promotes 1 Earth-friendly habit that everyone should practice. Your project must include: 1) Title (the habit your project is promoting) 2) At least 1 way this habit protects the Earth 3) At least 1 picture/drawing that helps others visualize the habit
Average	Go out into nature and make a list of your observations. Write down at least 10 things you see. Write how each of your observations made you feel.	Khyren is planting a garden in his backyard. The width of his garden is 11 feet. The area of his garden is 132 feet. What is the length of his garden?	 Start with the project above, then add the following: 4) At least 1 consequence to the Earth if we don't practice the habit. 5) At least 1 picture to demonstrate #4.
Challenging	Go out into nature and make a list of your observations. Write down at least 10 things you see. Write how each of your observations made you feel. Turn your list of observations and feelings into a paragraph using descriptive words.	Krisha is planting a garden in her backyard. The width of her garden is 15 feet. The area of her garden is 540 feet. What is the length of her garden?	Complete the project above (including all 5 items), then add the following: 6) At least 3 vocabulary words and definitions that have to do with Earth Day and/or the habit your project is promoting.

 Daily - Practice math facts for fluency, Silent reading for 20 minutes, Calm Classroom 2-3 times for 3-5 minutes

Parent Signature:

5th Grade -- April 21

The columns below offer choices for student activities.

	ELA	Math	Science/Social Studies
Focus Skills:	Main Idea and Details CCSS.ELA-LITERACY.RI.5.2	Volume CCSS.5.MD.C.5 CCSS.5.NBT.B.5	Saving Energy Around Your House ^{5-ESS3-1} Earth & Human Activity
Easy	 "Reduce, Reuse, Recycle" is a phrase that is often referred to during Earth Day. Using this phrase as the main idea, come up with 3 specific details that support the main idea. Think about and include the ways that you can reduce, reuse, and recycle. 	Za'Riah is helping to build a greenhouse. The greenhouse has a length of 5 feet, a width of 10 feet, and a height of 6 feet. What is the volume of the greenhouse? (Volume = Length X Width X Height)	Create signs to save water, electricity, heat, paper, plastic, etc. around your house. For example, post a sign under a light switch to remind people to shut off the lights to save electricity. Take pictures of your signs & send them to your science teacher.
Average	 "Reduce, Reuse, Recycle" is a phrase that is often referred to during Earth Day. Using this phrase as the main idea, come up with 5 specific details that support the main idea. Think about and include the ways that you can reduce, reuse, and recycle. 	Zyaire is helping to build a greenhouse. The greenhouse has a length of 18 feet, a width of 24 feet, and a height of 11 feet. What is the volume of the greenhouse? (Volume = Length X Width X Height)	 Complete the easy level activity above. Answer the following questions: Why did you create those signs? How did your family respond to these signs?
Challenging	Reduce, Reuse, Recycle" is a phrase that is often referred to during Earth Day. Using this phrase as the main idea, come up with 10 specific details that support the main idea. Think about and include the ways that you can reduce, reuse, and recycle.	Jess is helping to build a greenhouse. The greenhouse has a length of 108 inches, a width of 84 inches, and a height of 72 inches. What is the volume of the greenhouse? (Volume = Length X Width X Height)	 Complete the easy level activity. Predict what the effect of making your signs will be for your family and the environment.

Daily - Practice math facts for fluency, Silent reading for 20 minutes, Calm Classroom 2-3 times for 3-5 minutes

5th Grade -- April 22

The columns below offer choices for student activities.

	ELA	Math	Science/Social Studies
Focus Skills:	Opinion Writing CCSS.ELA-LITERACY.W.5.1	Volume CCSS.5.MD.C.5 CCSS.5.NBT.B.5	Present a topic or opinion, using relevant descriptions, speaking at a clear and understandable pace. CCSS.ELA-LITERACY.SL.5.4
Easy	Write 3 sentences to answer the following writing prompt: Why is it important to recycle? Remember capitalization and punctuation!	Caiden is buying a box of tomatoes to take home. Each tomato is 1 sq. unit. The box has 4 layers of tomatoes. Each layer has 3 rows with 5 tomatoes in each row. How many tomatoes are in the box?	Complete the project from April 20th, if it's not yet finished.
Average	Write 5 sentences to answer the following writing prompt: Why is it important to recycle, and what can you do at home to start recycling? Remember capitalization and punctuation!	Hailey is buying a box of flowers to take home. Each flower is 1 sq. unit. The box has 6 layers of flowers. Each layer has 4 rows with 10 flowers in each row. How many flowers are in the box?	Present your project to an audience (someone you live with or can video chat with).Explain all of your ideas and pictures. Make sure you speak clearly (not too fast or too quiet) and answer any questions your audience asks.
Challenging	Write 10 sentences to answer the following writing prompt: Why is it important to recycle and what can you do at home to start recycling? Remember capitalization and punctuation.	JQ is buying boxes of potatoes to take home. Each potato is 1 sq. unit. The box has 7 layers of potatoes. Each layer has 6 rows with 8 potatoes in each row. How many potatoes are in the box? If he bought 12 boxes of potatoes, how many potatoes would he have?	

Daily - Practice math facts for fluency, Silent reading for 20 minutes, Calm Classroom 2-3 times for 3-5 minutes

5th & 6th Grade -- (SEL) Theme: Respect Yourself and Others

The columns below offer choices for student activities for any day.

Social Emotional Learning Choice Board							
Write your future self a letter. What advice would you give your future self? What words of encouragement?	How do you show respect to the people in your family? Make a list of ways you can show someone respect. Then select a new way every day moving forward to showing respect to the people you are with or communicating with online.		Find a location in your house that is your "happy place". Take out the things that are distractions within this space.				
What passions are you going to pursue and how will you achieve those goals?			Add things that promote focus and calm. Belly Breathing is a great way to focus!				
 Review the Problem Solving Steps: Say the problem without blame. T: Think of solutions. E: Explore consequences. P: Pick the best solution. Think about common problems in your household. Agree on one to solve together. Each family member writes down the problem from their perspective on a piece of paper. Check the statement for blaming words. Always • Never • You made me • Because of you • It's your fault Write one problem statement without blame. Use the Problem-Solving Steps to find a solution together. 	Create a family action problems while playin sport. Make a T Chart and la the other side "Then". Decide together some problems that everyor the heat of the momen Display your T-Chart s can reference it. TC If Joey doesn't make the touchdown and gets upset.	g the family's favorite abel one side "If" and e possible reactions to he can reference in ht during the game.	Practice planning ahead. Pretend you are going to go on a vacation. You pick the spot. Now, make a list of everything you'd need for that vacation. After mapping out what you need, how do you feel?				
action. Problem solved! Go outside and take a walk with an adult. While you are outside, think about ways to show respect to your neighbors and property. Make a list or draw a picture of what you thought of on your respect walk!	Go outside (or inside) and play a game with your family. Talk about sportsmanship and what it: Looks Like, Sounds Like, Smells like Game Ideas: Life Tic Tac Toe Hang-Man 4 square Jump rope Tag Relay Races Uno Monopoly Basketball (around the world) Simon Says		Find a spot, inside or outside, that helps you feel calm. Try some of these poses while focusing on your breathing. Breathe in for 4 seconds, hold for 4 seconds, and then breathe out for 4 seconds.				

5th/6th Grade -- (Electives)

The columns below offer choices for student activities for any day.

Art	Computers	PE/Health
Google Classroom is an option. This classroom will include drawing tutorial videos and additional art project ideas! Decorate the windows in your house/apartment! Make sure that the decorations face out towards the street so people can walk by and see your work! Choose images that would help spread joy during this tough time: Rainbows, Hearts, thoughtful sayings, etc.	Write a paragraph explaining how you currently use a computer. Do you use it to communicate with others, play games, or learn new information? What programs or applications do you use to do this? Do you think that learning how to type faster and appropriately is important? Why or why not? Make a claim and support it with examples.	Google Classroom is an available option Activity: Shape recommends at least 60 min of physical activity everyday. Choose a physical activity that can include cardio, strength or flexibility. Keep a log/journal of your activity. Below is a list of activities for every day of the month. <u>https://www.shapeamerica.org/uploads/pdf</u> s/2020/calendar/April-2020-Elementary-Ca lendar-English.pdf
Draw a picture of a place you want to visit! This can be a simple idea, such as going to a family members house, or it can be an extravagant idea like traveling to outer space! Include the following items in your drawing: - You! - Any people you want to bring with you - The place you wish to visit - The mode of transportation that took you to this place! (Car, train, plane, etc.)	There are many jobs that require computers and many that make their job easier. Brainstorm a list of all the jobs that require knowledge and understanding of computers (try to come up with at least 12 different jobs). When you are finished with your list, pick 5 of the jobs and explain how each job relies on computers.	Fill out an Activity log of all the Physical Activity that you do. Activity logs can be sent to their individual PE teacher at any time to keep in touch. <u>Wax</u>
Create a unique cartoon character! This character can be based on a character that you know from tv or movies, or it can be a completely made up character! Be sure to include the following components in your drawing: - Character (full body) - Background - The name of your new character! If you finish this, you can create a story about the character you created! Be as creative as possible!	What is the "cloud"? Ask 3-4 people what they think the cloud is and where the information stored in the cloud goes/ how is it used? Once you've gathered other opinions from 3-4 other sources, write your own opinion. How does your opinion compare to others? Brainstorm a list of all the ways that computers are used in our modern society. What do you think our society (community) would be like if we didn't have computers? Write a paragraph explaining your opinion.	 Practice Fitness Testing: See how many push-ups you can do at one time. See how many sit-ups you can do at one time. Time yourself running around your yard or block. Create your own fitness test and track your number or time. Try to improve your score for each test each day or week.

5th/6th Grade -- (Electives)

The columns below offer choices for student activities for any day.

STEM	Speech/Drama
How does air make things move? OPTIONAL Link to this activity: <u>https://www.smore.com/q43sd</u> Students: Today - Make observations about the weather conditions outside. What do you notice? Is it windy? On a windy day, what problems are caused by the wind? How can the wind be used to our benefit? What do you think causes the wind to be stronger on some days more than others? What do you wonder about wind?	Read a book or watch a movie of your choice and complete a report on it. Include main ideas, characters, plot, problem to be solved, and your thoughts and feelings on it.
Investigation 1 Ask: What do you think will happen when you use the straw to blow on the different objects on the table? Why do you think so?	
For this activity, you will need the following:	
 Materials: straw (short, or cut in half) Feather or small piece of paper towel or napkin cotton ball small river rock or similar item dried beans (small and large, such as kidney and lima bean) 	
Place the objects on a table. Explore blowing on the objects through the straw for a little while. As you are doing this, observe what happens. Take notes if needed. Then answer these questions: What do you think will happen if you blow softly on this [object]? If you blow harder? How do you make the objects start moving? How does the object move (roll, slide, or hop) when you blow on it through the straw? What do you notice that is similar between the object's movement with a hard blow through the straw and a soft blow? What do you notice that is different? Can you make the object move the same distance each time? How did you do it?	
Write your answers and observations on a piece of paper (or make a science journal to record your activities.	
Investigation 2	
How could we make a fair test to find out how far the same size blow through the straw (push) moves each object?	
You may use different ways to measure how far each object moved. For example, you might just use general comparisons, such as farther, less far, etc. You can use non-standard measurements, such as their hands or other objects. Students might also use a ruler (as appropriate).	
Thinking of patterns, what patterns did you observe? Which objects moved the farthest? What did these objects have in common? Which objects didn't move very far? What did these objects have in common? Write your answers and observations in your science journal.	